



OPTIMUM CHOICES, LLC
Healthy choices for people and pets

Arthritis and Bio-Algae Concentrates (BAC)

(Research taken from www.TheMagicisBAC.com)

GLA as occurring in bio-algae concentrates exhibit impressive immune stimulating and boosting properties.

GLA (gamma-linoleic acid) is not only known for regulating **blood sugar** and providing important nutrients to the brain; it also exhibits **immune-boosting properties**. In fact, according to Dr. Hass, author of *Staying Health With Nutrition*, GLA has been shown to be effective for the following health conditions:

- **Cardiovascular disease** - anti-inflammatory effect; reducing platelet aggregation, thereby reducing clotting; **lowering blood pressure** by decreasing vessel tone; **cholesterol-lowering effect**.
- **Arthritis (rheumatoid arthritis** and other inflammatory disorders) - anti-inflammatory effect; immune support; correcting possible EFA and GLA deficiency.
- Skin disorders (**eczema, acne, dermatitis**) - anti-inflammatory effect; EFA functions; immune support.
- **Allergies, asthma** - anti-inflammatory effect; EFA function; immune support.
- **Multiple sclerosis** - nerve conduction; correction of possible EFA and GLA deficiency; immune support; decreased platelet aggregation; balancing prostaglandins.

(www.themagicisbac.com/page9-01.html)

PANTOTHENIC ACID : The “stress” vitamin, used by the adrenal glands, along with cholesterol and vitamin C, to manufacture cortisone and other steroids in response to physical and mental stress. Deficiency encourages sensitivity to allergy, infection and degenerative diseases such as **arthritis** and rheumatism. Ulcers and hypoglycemia have also been associated with shortage of this vitamin.

Arthritis pain — clearly it works wonders!

In November 2007 my husband was experiencing increasing pain in neck and head. It is a pain he's had before but on a much smaller level and very infrequently.

We had many doctors visits, even hospitalized him a couple nights with continued testing. When a surgical neurologist finally examined all the MRI/CT scans, he determined the pain was caused

by arthritis along his cervical spine and said it was not at all caused by the herniated cervical disc as others had believed may be the cause.

With no solution but prescription pain medication and “neck exercises”, neither of which were helping, he began using bio-algae concentrates gradually increasing dosage; starting January 2008. Just 10 days into using the products, we realized he had gone several days with no debilitating pain. This was a huge relief for him and me, because it "hurt" me to see him in such terrible pain and unable to work and function normally every day.

I STRONGLY recommend this product to anyone suffering severe arthritis pains - clearly it works wonders.

— L. Gordon Florida USA, December 2008

Arthritis - Within four months the symptoms were entirely gone

A few years back I was suffering from arthritis so bad that I had great difficulty getting into and out of my car. Since I was a "heavy duty" commuter this was a major problem. I heard about the bio-algae concentrates and began taking them. Within four months the symptoms were entirely gone. — N., December 2008

Rheumatoid Arthritis - has largely moved into remission

I was introduced to your product by a friend of mine, and having taken it for a year I find that my Rheumatoid Arthritis has largely moved into remission. Seems like a great thing for me. Thanks.
— Anonymous, February 2009

Arthritis in dog

Snowpea was supposed to have \$2,000 surgery for hind legs/arthritis, and so far has been doing better, more demonstration of flexibility, etc. No surgery plans.
— C.B., Denver