



OPTIMUM CHOICES, LLC
Healthy choices for people and pets

BioPreparation/BioSuperfood Case Study Lipoma (fatty tumor)

Tumors are unwanted whether benign (fatty) or malignant (mast cell). When fatty tumors appear, it is a sign the body is trying to get rid of unwanted material but because it is out of balance, it can not process this unwanted material through normal channels (kidney, liver, intestines, etc.). Since the endocrine (glandular) and immune systems are usually not functioning at 100%, the body does the next best thing; encapsulates this unwanted material and gets it out of the way through the largest excretory organ of the body, the skin. It is like sweeping the dirt underneath the rug when you do not know what to do with it. The **fatty tumor (lipoma) is that lump of dirt under the rug (skin)**. The **following holistic principles apply to both people and pets**.

Modern medical consensus tells us if the lipomas (fatty tumors) are not hindering or bothering anything, then do not disturb them. That is **like ignoring the smoke alarm**. The **lipomas or fatty tumors are a red flag that the body is not in balance and eliminating waste properly**. Surgically removing the lipoma, liposuction, salve and steroid injections are all options for removing the fatty tumor but **do nothing to address the original cause of the problem**. It is only a matter of time before this inefficiency catches up to produce something more serious, such as cancerous tumors. If the tumors are signaling inefficient adrenals and a malfunctioning thyroid gland, what consequences could this have on the entire endocrine and immune systems? If the endocrine system is imbalanced, could this affect the replicating DNA in the new cells causing them to be abnormal (cancerous)? We holistically believe it is **not wise just to ignore the lipomas (fatty tumors)**.



Sometimes a **change in diet will help**. A better diet means less waste material for the body to eliminate. **For people, this means avoiding processed foods, eating preservative- and chemical-free foods and eating fresh vegetables and fruits. For our carnivorous cats and dogs, this means little to no carbohydrates (wheat, corn and soy products are the worst), no sugars and no preservatives**. If a change in diet doesn't work, then a natural herb,



homeopathic remedy or other natural supplement might be necessary to boost up the kidneys and liver function and balance the endocrine system in order to get rid of all the lipomas. But **using these remedies is like putting your finger in the dike to stop the water leak (remember the little Dutch boy fable?)**. You've **reduced the fatty tumor(s) but still have not addressed the cause**. Our preference over isolated supplements would be a totally holistic approach using whole food products which are safer. If a glandular imbalance is the cause, one should holistically balance ALL the glands and organs of the body naturally.

The following lipoma case study shows how a natural and totally holistic approach can make a difference and how important nutrition is in reducing and eliminating lipomas (fatty tumors). These **same holistic principles apply to people** as well.

In this holistic case study, all facets must be dealt with and the entire body must be in balance in order to achieve the desired end results — a total reduction and elimination of all lipomas. One must be patient and keep trying holistic options until one gets the desired



results. We have learned that each animal (and person) is an individual and what works for one individual might not work for another. The benefit of modern day drugs are that they work quickly but they sometimes have terrible side effects (even cause death). The **benefit of holistic options is that there are very little side effects (if any), they have a more permanent healing effect on the body but they do take longer than drugs to see results.**

We had a customer with a two year old standard poodle named Hubie, that started to develop fatty tumors under the skin. As the dog got older they continued to develop and they peaked in numbers at more than ten. At this point the options were:

1. Surgically remove the tumors.
2. Use holistic ointments or supplements targeted at reducing the tumors.
3. Try a better diet to avoid growing more tumors.
4. Try a whole food product to balance the glands and boost the immune system, then let the body take care of the tumors.



The poodle's guardian decided to try the last two options. She took the first step by changing the poodle's food to a **premium dry kibble**. The premium kibble had more than 35% meat content and no wheat, corn or soy ingredients. The premium kibble also contained no meat by-products or preservatives. She noticed within several months the rough pads on the dog's paw had softened, a sign the dog was getting more nutritious food, especially essential fatty acids (such as Omega 3 and 6). She then added a whole food algae product called **BioPreparation-**



Formula 3+, to feed the body super nutrition and balance the glands so the **body's natural processes could break down the tumors**. These changes were enough to **cause some of the fatty tumors to decrease in size and become hard**.



Because the guardian did not consistently give the BioPreparation every day over the next year, further reduction in the tumors was not seen. Realizing that premium dry kibble was still not the best diet for a carnivore, the guardian transitioned the poodle to an all raw meat diet on the advice of a local holistic pet store. The poodle was put back on the whole food product, BioPreparation, for three consecutive months.

The guardian recently called to report there is now just one tumor left and it is hard and the size of a pea. It seems the raw food diet as well as the consistency in giving BioPreparation over three

months was enough to cause this final reduction in fatty tumors from over ten at its peak, to just one small one now. **Nutritionally balancing the endocrine (glandular) system and boosting the immune system caused the body to reabsorb the fatty tumors. BioPreparation along with the raw diet literally activated the dog's natural ability to heal.**

BioPreparation has been shown in research to supply super nutrition at the cellular level and literally wake up the master gland and organs in the brain (the pineal, pituitary and hypothalamus). **When the master gland of the brain is 100% functional, the body can now boost up all the other endocrine glands and entire immune system. With these systems in balance the body can now properly handle the unwanted material originally causing the lipomas (fatty tumors).**



It is **interesting to note that even a super premium kibble was not sufficient nutrition for this dog's body to heal.** Although we are told by the pet food companies and most veterinarians that these foods are complete and balanced, as well as the safest food to feed our pets, this dog was not able to eliminate the tumors while on this diet. It took a raw diet for this dog to get well, something that holistic vets have observed many times in their practices. This is why we often suggest to people that they consider trying a raw diet for their dog (or cat). People that are not familiar with the concept of raw feeding are often horrified when we suggest this. Others may be familiar with raw feeding but feel it is not really necessary and is too expensive and time consuming. However, it makes sense when we look at what dogs are designed to eat by Mother Nature. They have the digestive tracts of wolves (their ancestors) and are designed to eat whole prey (animals), with minimal vegetables.



Most veterinarians who promote raw feeding, state that dogs have minimal or no need for carbohydrates. To manufacture **dry kibble requires using a carbohydrate source, such as wheat, corn, barley, rice, millet, potato or tapioca starch**, to hold the kibble together. Kibble and canned food is also cooked which destroys all [enzymes](#) and is not natural to a dog's biology (you do not see wolves roasting deer over a campfire). So, it makes perfect sense to us that this poodle was not able to heal completely until its guardian put it on a raw food diet. The BioPreparation product then gave the dog an extra boost of over 4,000 enzymes (not just digestive enzymes) and nutrients to accelerate healing from within.

This case study shows how a dog was able to get rid of lipomas by using a holistic approach that took into consideration what the body needs to be healthy, rather than treating symptoms. **Giving the proper nutrition to a carnivore (meat not carbohydrates) and balancing the dog's endocrine and immune systems were essential to achieving 100% holistic wellness.** We find it is not as important to find the perfect remedy (such as a specific vitamin, herb or supplement) to alleviate the symptoms as it is to wake up the master gland of the brain, holistically balance all the glands and organs and give the body the proper nutrition Nature intended.

If you are looking for a quick “fix” for lipomas, this is not for you. **Surgery, liposuction, salve and steroid injections** are allopathic “fixes” while **supplements, herbs and ointments** are natural “fixes” but **none of these address the original cause of the lipomas (fatty tumors)**. That is why they eventually come back. To eliminate lipomas, one must address a malfunctioning immune system and an imbalanced endocrine system. These degenerative conditions did not pop-up overnight. One must give the body just as much time to balance and regenerate as it took to degenerate into its current state of disease (producing fatty tumors). Consider the following testimonials:

*I think of [BioPreparation-F3+](#) as the brakes to stop the cruise ship. It takes a while to get the darn thing stopped and turned around, but BP-F3+ has really helped my 13 year old Labrador (Rudy) to turn around from his **constantly creating lipomas** to now **watching them get smaller**, from his **degenerative arthritis**, to a skip in his step and walking up and down stairs again after a year of needing my help. But it has been **6 months of 6 capsules a day**, spread out over the entire day. 2 with breakfast, 2 with a treat at noon and 2 with dinner. Occasionally, I give him 2 more with a treat at bedtime. He goes in this week for blood work so I can see how he is doing. But to look at him, [BP-F3+](#) has **bought him quality time. It just takes time.** And lots of love and BP-F3+!*

—C. C. and Rudy

*I have a 70 pound, 12 year old Australian Shepherd dog that I rescued over 11 years ago. She had multiple fatty tumors under her chin, leg, belly and **one huge fatty tumor (grapefruit size)** between her neck and heart area. She was diagnosed with a hypothyroid (low) condition and is on medication. **She used to eat laying down and after starting BioPreparation-f3+, now eats standing up.** She has so much energy she plays with our four month old puppy. **All the fatty tumors are decreasing and the large one under her neck has decreased from the size of a grapefruit to the size of golf ball.** All the liquid drained from this tumor and it moved from the neck/heart area to under her legs. She was taken off her thyroid medication two months ago with no ill effects. She does not wet on herself anymore. **Her face is like a puppy now. Everyone who loves their pet should get BioPreparation.***

—A.M.S.J. and Angel

People Lipoma Results

*My dog (age 5) has one lipoma and, of course, I also have them as well. Since I started taking your BSF-f3 (people product), I noticed a difference in size and a couple of the **lipoma I had around my knees disappeared.** I just took my dog to the vet and he also noticed a **difference in the lipoma’s size and it’s a lot softer.** The results, so far, have been way beyond what I expected and in such a short time, as we all have been taking your **BP-F3+ (for pets) and [BSF-f3 \(for people\)](#) for less than two months.***

—N.J.

*I am a 48 year old woman with **lipomas**. I have seen a **reduction by half of the size of my three lipomas**, so am encouraged to continue with them, after just going through one bottle [BSF-f3](#) (for people) of 180 capsules, at 4-6 capsules a day.*

—C.T.

These results are individual case studies. We cannot guarantee your results will be the same. Since each body responds differently to the super nutrition in BioPreparation/ BioSuperfood your results will be different. These statements have not been evaluated by the FDA. This information is not intended to diagnose, treat or cure any disease.

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